

Hatton Children's Nursery

WEEKLY MENU 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST (early starters)	A choice of cereals and toast. Milk, water and fruit juice to drink.				
MORNING SNACK	A selection of fresh and dried fruits. Milk, water and fruit juice to drink.				
LUNCH	Shepherd's Pie & mixed vegetables. Or vegetarian option Side dish of green salad and crudités. Yoghurt.	Swedish Meatballs in gravy, potato wedges, peas & corn. Or vegetarian option Side dish of green salad and crudités. Yoghurt.	Bangers & mash, gravy & peas. Or vegetarian option Side dish of green salad and crudités. Yoghurt.	Roast Chicken, potatoes, Yorkshire pudding & mixed vegetables. Or vegetarian option Side dish of green salad and crudités. Yoghurt.	Bolognese with penne pasta & garlic bread. Or vegetarian option Side dish of green salad and crudités. Yoghurt.
AFTERNOON SNACK	A selection of fresh fruits, crudités, pancakes, melba toasts, breadsticks, cheese and cheese spreads. Milk, water and fruit juice to drink.				
TEA	Cheese toasties. Fresh fruit.	Spaghetti hoops & toast. Mini ring donuts.	Muffins served with ham or cheese. Crisp bake fruit bars.	Flippin dippers with bread & butter. Fresh fruit.	Fresh cheese & tomato pizza. Crisp bake fruit bar.

We encouraged children to try all food and our produce is locally sourced when available. Water is served with all meals and is accessible for the children to help themselves throughout the day. Fruit juice is diluted according to age of the children. We work closely with parents to cater for special dietary needs and allergies and are happy to produce alternatives that are nut, egg and gluten free.